

Kensington Primary Feedback Report

parentgym
FOR PARENTS WHO CARE

the
mindgym

The statistics



6 sessions ran between November and December in 2017

57 participants gave feedback

100% felt actively involved in the workouts

100% felt the content was relevant to them

100% will use what they have learnt

100% would recommend the workout to others

100% would rate this workout as very good or excellent

Feedback by course

Course	Q1%	Q2%	Q3%	Q4%	Q5%	Runs	People
Parent Gym, 6 week programme: 1. Chat	100	100	100	100	100	1	11
Parent Gym, 6 week programme: 2. Love	100	100	100	100	100	1	11
Parent Gym, 6 week programme: 3. Behave	100	100	100	100	100	1	10
Parent Gym, 6 week programme: 4. Care	100	100	100	100	100	1	9
Parent Gym, 6 week programme: 5. Discover	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 6. Together	100	100	100	100	100	1	8

Q1 - I felt actively involved in the workout, Q2 - I felt the content was relevant to me, Q3 - I will use what I have learnt, Q4 - I would recommend the workout to others, Q5 - I would rate the workout as very good or excellent

What the participants thought



6 week programme: 1. Chat

Comments

"Excellent techniques and tips"

"Very keen to apply this tactics (tips)"

6 week programme: 2. Love

Comments

"Very informative"

"Very excited to apply these factices"

6 week programme: 3. Behave

Comments

"Happy to have more ideas for kids"

What the participants thought



Comments

"Very helpful and have taken away ideas from the sessions which I will implement at home"

6 week programme: 4. Care

Comments

"Love the thought of caring"

"Excellent session and will be helpful to use"

"Really good"

6 week programme: 5. Discover

Comments

"Discovered a lot to be done with kids"

What the participants thought



Comments

"Learnt new ideas"

"Very informative"

6 week programme: 6. Together

Comments

"I'm going to miss this course"

"Brilliant!"

"I am so sad it is over!!"



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