



01st May 2020



Weekly Newsletter

Dates & Events for the Diary

This week @ Kensington

To:

School is closed until further notice except children of key workers.

Please stay at home unless it is essential to go out.

NO After school clubs or 6 O' clock club or Breakfast club until further notice

I hope you are all keeping well and coping as well as can be expected with the current situation. The reality is that the experience of lockdown is very different for everyone. We have families who are experiencing illness or bereavement; families who are key workers; families who have lost their jobs; families who are isolated; families who are anxious. We also have families who are enjoying time with their children and a slower pace of life; taking the opportunity to try new activities or do those things that never make it to the top of your to do list; enjoying the increase in wildlife and the decrease in pollution; connecting with their community.

Particularly at this time, it is essential to take a moment and be thankful for what we have. It is also an opportunity to think about those who are not as fortunate as ourselves. I know so many of you are taking this time to help others. Whether that is checking in on a vulnerable neighbour, clapping for key workers, donating to charities, or reaching out to others. This is a chance for us to all strive for a better world. To show our children that, in the face of difficulty, the best response is to be positive and hopeful.

I do not know what changes will come as a result of coronavirus. What I do know, is that any significant event such as this – that affects so many – will always bring positive change alongside the negative. For many right now, it is hard to see the light. It is ok to be anxious and it is ok to be worried. It is also ok to be enjoying the positives that come out of a difficult situation. As we move into the 7th week of lockdown, we should all try to be thankful for what we have, look for the positive, and be hopeful for the change this can bring.

Take care.

Mr Ben Levinson
Head Teacher

ONLINE P.E sessions



Joe Wicks is teaching a live P.E session every morning at 9AM. It will be on his YouTube channel and website. A great way of keeping the children busy and active!

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Follow us on Twitter and Facebook



We are now sharing latest news, stories from all the schools in the Trust on a central Facebook TLT page and the @LearnTapscott Twitter feed continues to showcase some of the lovely events, activities and achievements from across the Trust.

It would be great to build up a greater following on these platforms. The Facebook Page is The Tapscott Learning Trust. The Twitter feed directed at parents is @LearnTapscott.

If you don't already follow and use either of these then please do.

Studybugs –Parent communication during school closure

Dear parents,

It is important to download the Study bugs app as this will be the form of communication between school and parents from now on.

Due to the recent uncertain changes, we are trying to reach all parents by sending messages through Study bugs.

Please follow the link to download the app: <https://studybugs.com/about/parents>

Kensington Primary School's Top 3 reasons to use Studybugs:

1. It's integrated with our systems so we know right away if your child is unaccounted for
2. It's quick and easy to register and use and automatically reminds you to keep us posted.
3. You'll be helping the NHS and other public health organisations improve children's health. (<https://studybugs.com/about/schools>)



For more information or support with downloading the app please speak to the office staff.

TIPS for PARENTING



How will I get our family moving our bodies and connecting with nature today?

Exercise boosts your mood, gives you energy, and reduces the physical feelings of stress and anxiety. Children who spend time outside in nature, research shows, are calmer, happier, healthier, and more creative.

Ideas to try:

Blow bubbles and race to catch them.

Have a picnic day and eat in an outside space.

Play "Will it sink or float?" with objects from around your house.

On the pavement outside your home draw a Hopscotch or write messages of appreciation to passers-by.

Plant some seeds in pots and watch them grow! (if you don't have a garden you can use your window-sill)

Go to the park to Play Catch, Hide & Seek or Roll down a hill together.

Have a Nature Scavenger Hunt in the garden or at a park.

Any other fun ideas that you have been doing to stay active and connect with nature please share it with us at info@kensington.ttl.academy