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Rt Hon Gavin Williamson CBE MP
Secretary of State

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I am writing to express my thanks to you in supporting the Department's work to help encourage schools to provide opportunities for their pupils to be physically active throughout the school day.

As you will know, there are well established links between physical activity, improved mental wellbeing and educational attainment and we recognise the importance of children remaining fit and active, wherever possible, and have the 60 minutes of daily physical activity recommended by the UK Chief Medical Officers. This is more important than ever as pupils return to school this academic year.

Through your YouTube videos, we are delighted to be able to share with schools across the country the approaches and activities you are undertaking to promote physical activity for your pupils. I know officials were delighted with the range of approaches you were able showcase. Your enthusiasm and the value you place on providing high quality PE, sport and physical activity for your pupils is evident in the videos you produced and the efforts you have taken to produce them.

Thank you again.

Rt Hon Gavin Williamson CBE MP
Secretary of State for Education