



New parent course

Learn to emotion coach

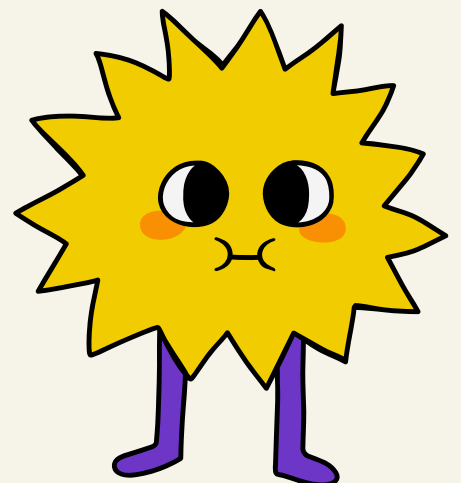
Emotion coaching is a program which helps parents regulate their children's emotions and create strong, positive relationships.

Learn the skills of emotion coaching in 4 sessions!

**Every Wednesday:
15th January-1pm-3pm
22nd January-1pm-3pm
29th January-1pm-3pm
5th February-1pm-3pm**



**Limited spaces
available, book fast!**



Click link to book

<https://forms.gle/3jGmM4gwLReHEsCx6>