

Kensington Primary Feedback report

parentgym
FOR PARENTS WHO CARE

the
mindgym

The statistics



6 sessions ran between January and May in 2017

52 participants gave feedback

100% felt actively involved in the workouts

100% felt the content was relevant to them

100% will use what they have learnt

100% would recommend the workout to others

100% would rate this workout as very good or excellent

Feedback by course

Course	Q1%	Q2%	Q3%	Q4%	Q5%	Runs	People
Parent Gym, 6 week programme: 1. Chat	100	100	100	100	100	1	11
Parent Gym, 6 week programme: 2. Love	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 3. Behave	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 4. Care	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 5. Discover	100	100	100	100	100	1	8
Parent Gym, 6 week programme: 6. Together	100	100	100	100	100	1	9

Q1 - I felt actively involved in the workout, Q2 - I felt the content was relevant to me, Q3 - I will use what I have learnt, Q4 - I would recommend the workout to others, Q5 - I would rate the workout as very good or excellent

What the participants thought

6 week programme: 1. Chat

Comments

"It was very helpful & amazing"

"Its indeed very helpful, discover so many things."

"Hope to have more interesting sessions, very helpful. Very nice coach, super excited for next week."

"It is very good"

"I was so happy this session, and I improve"

"I was so happy this session"

6 week programme: 2. Love

Comments

"Very good session. Working better with childrens."

"It is really helpful."

What the participants thought

Comments

"Good"

"Very interesting information. Very helpful for me and my kids. Thanks alot Ms Sofia Amin you are very kind."

6 week programme: 3. Behave

Comments

"Very nice session with good tips. Thank you Ms Amin"

"Enjoy every session"

6 week programme: 4. Care

Comments

"Really helpful"

What the participants thought

Comments

"It's very good. Due to stuck in lift teacher was so kind to do the gym"

"Very good"

"very helpful"

6 week programme: 5. Discover

Comments

"I am improving lots with this class"

"Really useful"

"So much helpful tips. Thank you Ms Soofia"

"good session"

"Its very good and helpful. We enjoyed the session with Ms Amin"

What the participants thought

6 week programme: 6. Together

Comments

"Parent Gym was amazing"

"Helpful and full of daily tips"

"Thanks Ms Amin. Very interested"

"Miss u parent gym"



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