

# Programme request form

parentgym

parentgym.com

Please complete with your details by typing directly in the form below. Return by email to [info@parentgym.com](mailto:info@parentgym.com)

## School/Centre:

Name: .....

Address: .....

.....

.....

.....

.....

Phone number: .....

Number of Parent Gym promotional flyers required: .....

(We advise one flyer per family)

## School/Centre contacts:

Lead contact: .....

Job title: .....

Phone number: .....

Email address: .....

Line manager name/email: .....

.....

Headteacher/Centre manager name/email: .....

.....

Child Protection Officer name/email: .....

.....

## Programme details:

Room used for sessions: (eg. Library)

.....

Room used for crèche: (if applicable)

.....

Only applicable if you have hosted a Parent Gym programme before.

Parent Gym Ambassador 1 name/number

.....

Parent Gym Ambassador 2 name/number

.....

A Parent Ambassador is a parent/carer who has completed Parent Gym and who is willing to help promote the programme to other parents/carers.

Warm up (Taster): (date and time)

.....

Sessions to run on: (day of the week and time)

.....

Date of first session: (dd/mm/yy)

.....

Date of last session: (dd/mm/yy)

.....

Half term dates: (no sessions that week)

.....

## By completing this form, all schools and centres agree to the following:

Schools/centres have a legal responsibility for ensuring adequate Health & Safety provisions for visitors on their premises. Schools/centres must have an up-to-date risk assessment covering the space to be used for sessions as well as the volunteer coach (where applicable) and the parents/carers participating in the programme. This will need to be provided to Parent Gym on request.

Parent Gym will provide flyers and posters as part of our Parent Recruitment Pack in order to help you promote the programme to parents and carers. We ask that you have a minimum of 12 parents registered for the programme at least one week before the first session.

In the unfortunate event that fewer parents are registered by this point, the programme may need to be postponed.

Email completed forms to: [info@parentgym.com](mailto:info@parentgym.com)