

1.1 EVERY STEP YOU TAKE

Objective: Count in multiples of twos, threes and fives from zero, and tens from any number.

Instructions

1. You need some space at home or outside to march, step, hop and jump around in. Even a small indoor space can be used to count around, moving in wiggly lines, round the table or down the stairs (be careful!). You could even make up a 'funny trail', leading round the garden or through the house, for example! Make these number cards: 2, 3, 5, and 10
2. Pick a random number card – this is what you must count in, 2s (to 24), 3s (to 36) or 5s (to 60). Put some music on if you like!, If you pick the 10s card, ask a helper to pick any number from 1-20 and count on in 10s from that number. So, if 6 was chosen, you would count 6, 16, 26, 36, etc
3. March, hop or jump around your chosen route, remembering to count out loud so people can hear you
4. Try all four numbers – and then test yourself by doing each one at random, but counting and moving quicker this time!

Challenge

Can you be march, hop or jump around whilst counting backwards in 2s or 5s from 50, or 3s from 45? Or backwards in 10s from any random number between 51 and 99?

