This week @ Kensington

We have been talking a lot this week about how we make your children’s learning stick. There are two main types of learning: episodic and semantic. Episodic learning is when the children have a great experience. In episodic learning they will remember the experience but not necessarily the content. Semantic learning is based on clear comprehension and helps children to build on their previous knowledge. For effective learning, children need a combination of the two and we have been working hard to ensure there is an appropriate balance in your children’s lessons.

We are combining this with our 7K. 7K are the seven research-based strategies we are introducing to support children’s learning. You can read more about the first three - which will help your children to acquire knowledge - below.

All of this will help to ensure that what your children learns sticks. We hope you start to see the difference and it would be great to have your feedback as always.

Mr Ben Levinson
Head Teacher
Cognitive Strategies to Acquire, Connect, Deepen and Remember Learning

As a school, we follow seven key strategies to enable our children to most effectively store learning in their semantic memory, whilst avoiding cognitive load (overwhelming memory). The first three strategies help our children to understand new information.

- **Step-by-step**
  
  The average brain is only able to manage four pieces of new information at one time. Breaking learning down into small steps, helps the brain’s working memory to chunk together key bits of learning and store them in the long-term memory as one piece of information, freeing up the working memory to access more new information. The more knowledge a child knows, the more they can chunk their learning and the more space they free up in their working memory.

- **Pairing graphics with words**
  
  We have two primary pathways for receiving information: words and graphics. New learning increases when we combine both.

- **Linking abstract concepts with concrete materials**
  
  Using concrete materials to explain abstract concepts improves understanding and helps to apply learning in different contexts.

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**ESOL**

ESOL classes for Parents started from 6th November 2019

If you are interested you can join too

ESOL: every Wednesday 9:00am to 10:00am

Beginner Entry Level 1

It's a good way of learning.

For more details contact OFFICE

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**6 O’Clock Club @ Kensington Primary School**

*Only £15*

Good News for all parents

- We started our 6 O’clock club to provide a safe and educational service from 3.15pm to 6.00pm every day.
- To encourage out-of-school activities that complement the service already provided by Kensington Primary School.
- Sport, art, board games and free play. Homework time is also provided.
- We offer literacy and numeracy activities that support and consolidate your child’s learning from their year group.
- Snacks and drinks will be provided at no extra cost.
- All the staff are from Kensington Primary school and are skilled and enthusiastic.

Interested?
Want to SIGN UP?

Contact the OFFICE for more information and to collect a contract

Places are limited

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*Placements are subject to availability. Payments in advance either weekly, monthly or termly via Schoolmoney app.*
**Meat Free Mondays**

*Meat Free Monday* is all about reducing the amount of meat we consume because of its health and environmental benefits. Meat Free Mondays is about coming together as a school community to help the planet and promote healthy food.

Kensington Primary School will be promoting this initiative and we will be going meat free every Monday from 11 November 2019.

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<tr>
<th>Week 1</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td><strong>Choice 1</strong></td>
<td>BBQ Quorn Burger in Bun with Salad &amp; Coleslaw</td>
<td>Spaghetti Bolognese (Lamb)*</td>
<td>Roast Chicken &amp; Stuffing with Roast Potatoes</td>
<td>Lamb Tikka Masala with Rice (halal - unstunned)</td>
<td>BBQ Chicken with Rice (halal - unstunned)</td>
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<td><strong>Choice 2</strong></td>
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<td><strong>Side Dishes</strong></td>
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<td><strong>Dessert</strong></td>
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<td><strong>Daily Options</strong></td>
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<td>Fresh Fruit Platter / Fresh Organic Yoghurt / Cheese &amp; Biscuits / Homemade Bread</td>
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<table>
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<tr>
<th>Week 2</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tr>
<td><strong>Choice 1</strong></td>
<td>Macaroni Cheese with Foccacia</td>
<td>Lamb &amp; Vegetable Jolof Rice (halal – unstunned)</td>
<td>Roast Turkey with Yorkshire Pudding &amp; Roast Potatoes (halal – stunned)</td>
<td>Greek Style Souvlaki Chicken with Rice (halal – unstunned)</td>
<td>Jacket Potato with Chilli Con Carne (halal – unstunned)</td>
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<tr>
<td><strong>Choice 2</strong></td>
<td>Cheese &amp; Tomato Pizza with Coleslaw &amp; Salad</td>
<td>Mexican Chicken Wrap</td>
<td>Wholemeal Tuna Hoagie Melt</td>
<td>Oriental Lamb Stir Fry Noodles</td>
<td>Fish in Batter with Jacket Wedges</td>
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<tr>
<td><strong>Vegetarian</strong></td>
<td>Vegetable Biryani with Dhal</td>
<td>Vegetarian Lasagne with Foccacia</td>
<td>Cheese &amp; Onion Slice &amp; Roast Potatoes</td>
<td>Quorn &amp; Sweet Potato Curry with Rice</td>
<td>Vegan Burger with Jacket Wedges</td>
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<tr>
<td><strong>Side Dishes</strong></td>
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<td>Garden Peas Baked Beans</td>
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<tr>
<td><strong>Dessert</strong></td>
<td>Raspberry Ice Cream &amp; Sponge Roll</td>
<td>Apple Crumble with Custard</td>
<td>Fruit Cheesecake</td>
<td>Lemon &amp; Courgette Cake with Custard</td>
<td>Frozen Yoghurt With Fruit</td>
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<td><strong>Daily Options</strong></td>
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This reason for this being:

- Children getting more nutrients, minerals and fibre in their diet.
- It helps to prevent certain diseases in the long term.

**Parent Performances**

In line with our changes to the curriculum, we are also changing how your children share their amazing work with you. I know many of you have already enjoyed our first, ‘Learn with your child’ session. In addition, following on from your feedback, we are also changing the performances our children put on for you. Rather than basing these on religious festivals, children will be celebrating their fantastic work in class through some special events and performances. Dates of these are below. We do hope you will be able to join us for your child’s performance. Finally, can I reassure you that children will still be learning all about different religions, faiths and cultures through the curriculum we deliver across the year.

- Y2: 5th December 2019
- Y5: 17th December 2019
- Y3: 5th February 2020
- Y1: 26th March 2020
- EYFS: 7th May 2020
- Y4: 19th May 2020
- Y6: 24th June 2020

**Workout Wednesdays**

Every Wednesday at 8.40am on the main playground

Join us to get fit and have fun with your child every Wednesday morning in our weekly 10 minute workout sessions.
**Children in Need**

This year as usual we will be supporting Children in Need so will be asking the children to dress with the theme “dressed up as sports stars” on Friday 15th November.

We will also be raising money for the charity by selling official merchandise from the main office. We kindly ask £1 donation on the day to raise further funds for the charity.

NOTE: Please bring your own change to buy merchandise for charity.

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**Uniform Sale:**

Please pay for trips and purchase uniform online as the office are trying to go cashless. Once you have made the payment the uniform can be collected from the office up until 3.30. (If you prefer to avoid the crowds we suggest you visit us after 9.30am and before 3pm)

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**Open Day**

For children starting Reception or Nursery

September 2020

**Thursday, 14th November 2019**

9am — 6pm

If you would like to see some classroom activities please come between 9.30am-2.30pm

**Come and see your local school!**

Meet the staff and let them show you the fun and excitement of learning at Kensington.

Please call the school office on **0208 470 2339** to book an appointment.
Studybugs — Report Absence Securely and Help Improve Children's Health

We’re pleased to announce that Kensington Primary is introducing a new, more efficient and secure system for reporting your child’s absence due to illness, called Studybugs. If you haven’t already, please get the free Studybugs app, or register on the Studybugs website, and use it to tell us whenever your child’s ill and unable to attend school. Get the app or register now (https://studybugs.com/about/parents)

Kensington Primary School’s Top 3 reasons to use Studybugs:

1. It’s integrated with our systems so we know right away if your child is unaccounted for
2. It’s quick and easy to register and use and automatically reminds you to keep us posted.
3. You’ll be helping the NHS and other public health organisations improve children’s health. (https://studybugs.com/about/schools)

For more information and with support with downloading the app please speak to the office staff.

Follow us on Twitter and Facebook

We are now sharing good news stories from all the schools in the Trust on a central Facebook TTLT page and the @LearnTapscott Twitter feed continues to showcase some of the lovely events, activities and achievements from across the Trust. It would be great to build up a greater following on these platforms. The Facebook Page is The Tapscott Learning Trust. The Twitter feed directed at parents is @LearnTapscott. If you don’t already follow and use either of these then please do.

Ideas for play

Often the games we create ourselves are the most memorable. Here are some ideas to help keep children busy at home.

Treasure hunt
Hide some objects in a room or around your house. Give them clues and see how many they can find!

Plastic bottle bowling
Collect ten empty bottles and fill them all with a bit of water for stability. Use a tennis ball to create your own bowling lane at home.

DIY rooms
Let your child use an empty shoe box to design a place of their choice (bedroom, park, fair etc.) old wrappers, magazines, tinfoil, pasta with glue to help decorate it.

Balloon badminton
Use paper plates taped to rulers to create badminton rackets. Use the balloons to play a game of balloon badminton.

For tips and guidance on parenting join parent gym. For more information ask at the office.