**Weekly Newsletter**

**This week @ Kensington**

It was so lovely to see all of the children back at school this week. They were full of life and energy: so many had wonderful stories about their holidays and what they had been doing. They were also really excited to be back at school. As you know, our vision is to create a place everyone loves to be so we were delighted that the children clearly loved being back here this week.

We have an action-packed half-term as always. Following on from the success of our new Physical Health curriculum, we launched our Emotional Health curriculum this week. Children across the school will be learning about different emotions and strategies for dealing with them. They will also be focusing on the areas that research show impact most on our emotional wellbeing: their rights and responsibilities; their relationships; their safety, and their place in society. They will also be applying all of this to their learning and looking at how their emotions and their emotional health can be best managed to help them be productive and effective learners. We are really excited about this and know that it will have a major impact on their learning now but also their ability to cope with change, stress, and all of the challenges they will face in their lives. We will be running a series of, ‘Learn with your parent’ workshops over the course of this term so you can come and see it in action for yourself and find out more.

It was inspiring to hear all of your positive feedback about the new curriculum last term. It was also really helpful to hear your reflections so we can continue to tweak what we are doing. Please do continue to let us know your thoughts and views on the changes so that we can ensure it is the best possible curriculum and education for your children.

Mr Ben Levinson
Head Teacher

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**Attendance & Punctuality w/c 16/12/2019**

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<th>Nursery AM</th>
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<td>Manzar YRF</td>
<td>Muhammad Yousaf Y2S</td>
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<td>Sayantika YRH</td>
<td>Maria Y2P</td>
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<td>Safwan YRR</td>
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<td>Hussain Y1E</td>
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<td>Jaktar Y1N</td>
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**This week @ Kensington**

- **Monday, 13th January**
  - Y6 @ Horniman Museum
  - After School Clubs start

- **Wednesday, 15th January**
  - Y3S & Y3K to Manor Park Library @ PM

- **Thursday, 16th January**
  - Y1 @ Museum of Childhood

- **Friday, 17th January**
  - TTLT Dodge Ball (selected Y3/4) @ PM

- **Friday, 24th January**
  - Y1 @ Plashet Park @ PM

- **Monday, 27th January**
  - Y5 @ British Museum

- **Wednesday, 29th January**
  - Y3S & Y3C to Manor Park Library @ PM

- **Friday, 31st January**
  - Learn with your child: Emotional Health parent workshop @ 1-2.30pm

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**Nursery AM will be CLOSED for children on 23rd March 2020.**
**Nursery PM will be CLOSED for children on 9th March 2020.**
Kensington Primary School are delighted to have been awarded Healthy Schools Status this term. The introduction of Kensington’s new Curriculum K has kicked off with Physical Health, closely followed by the Emotional Health strand. The content of the new Health Curriculum has been pivotal in the school’s success in achieving Healthy Schools status.

So how do Kensington Primary promote lifelong healthy lifestyles and teach their pupils to make healthy choices?

**“Fitness sessions”**: Twice weekly fitness sessions aim to raise heart rates and build fitness. The school is the first Primary in the country to invest in MyZone trackers, which are wearable heart rate trackers. These allow the children to understand and use knowledge about their own heart rates to improve their fitness.

**The Science of good health** - Children learn about sleep, nutrition and physiology.

**Workout Wednesdays** - The whole school community congregates on the school playground, building up a sweat in a huge community exercise session. Fitter and healthier families lead to healthier pupils and communities!

**“Brain breaks”** - Research shows that regular activity improves brain power. “Brain breaks” are fun, improve fitness and boost learning power.

**Skills for life** - PE lessons focus on flexibility, coordination and balance.

**Active Maths** - These lessons engage the brain AND the body

**Outdoor learning** - Fresh air and activity.

**Wellbeing** - This is promoted widely across the school from teachers, to families to pupils. The school’s vision is to be “a place everyone loves to be”.

**Emotional literacy** - Children learn to recognise, name and deal with their broad range of emotions. Teachers take a coaching approach to help develop pupils’ emotional literacy.

Healthy Schools are a nationally recognised body who aim to support schools to help children and young people to grow healthily, safely and responsibly. Healthy Schools celebrates the positive actions that schools deliver in terms of healthy eating and physical activity.

**ESOL**

Do you struggle with speaking English or understanding when someone speaks?

Come and join beginner ESOL classes for parents

Every Wednesday 9am to 10am

All parents are welcome

**6 O’Clock Club @ Kensington Primary School**

**Good News for all parents**

- We started our 6 O’clock club to provide a safe and educational service from 3:15pm to 6.00pm every day.
- To encourage out-of-school activities that complement the service already provided by Kensington Primary School.
- Sport, art, board games and free play. Homework time is also provided.
- We offer literacy and numeracy activities that support and consolidate your child’s learning from their year group.
- Snacks and drinks will be provided at no extra cost.
- All the staff are from Kensington Primary school and are skilled and enthusiastic.

Interested?
Want to SIGN UP?

Contact the OFFICE for more information and to collect a contract

Places are subject to availability

Fees payable in advance either weekly, monthly or termly on School Money App.
Studybugs — Report Absence Securely and Help Improve Children’s Health

We’re pleased to announce that Kensington Primary is introducing a new, more efficient and secure system for reporting your child’s absence due to illness, called Studybugs. If you haven’t already, please get the free Studybugs app, or register on the Studybugs website, and use it to tell us whenever your child’s ill and unable to attend school. Get the app or register now (https://studybugs.com/about/parents)

Kensington Primary School’s Top 3 reasons to use Studybugs:

1. It’s integrated with our systems so we know right away if your child is unaccounted for
2. It’s quick and easy to register and use and automatically reminds you to keep us posted.
3. You’ll be helping the NHS and other public health organisations improve children’s health. (https://studybugs.com/about/schools)

For more information and with support with downloading the app please speak to the office staff.

Parent Performances

In line with our changes to the curriculum, we are also changing how your children share their amazing work with you. I know many of you have already enjoyed our first, ‘Learn with your child’ session. In addition, following on from your feedback, we are also changing the performances our children put on for you. Rather than basing these on religious festivals, children will be celebrating their fantastic work in class through some special events and performances. Dates of these are below. We do hope you will be able to join us for your child’s performance. Finally, can I reassure you that children will still be learning all about different religions, faiths and cultures through the curriculum we deliver across the year.

Y3: 5th February 2020
Y1: 26th March 2020
EYFS RSHE: 16th March 2020
EYFS: 7th May 2020
Y4: 19th May 2020
Y6: 24th June 2020

Workout Wednesdays

Every Wednesday at 8.40am on the main playground

Join us to get fit and have fun with your child every Wednesday morning in our weekly 10 minute workout sessions.

Uniform Sale:

Please pay for trips and purchase uniform online as the office are trying to go Cashless. Once you have made the payment the uniform can be collected from the office up until 3.30. (If you prefer to avoid the crowds we suggest you visit us after 9.30am and before 3pm)

Follow us on Twitter and Facebook

We are now sharing good news stories from all the schools in the Trust on a central Facebook TTLT page and the @LearnTapscott Twitter feed continues to showcase some of the lovely events, activities and achievements from across the Trust.

It would be great to build up a greater following on these platforms. The Facebook Page is The Tapscott Learning Trust. The Twitter feed directed at parents is @LearnTapscott.

If you don’t already follow and use either of these then please do.

Spring term Afterschool clubs

Just a reminder that Spring term After-school clubs start on Monday 13th January.

Please remember to collect the children on time at 4.30pm prompt.

Please also remember that only fruits and vegetables are allowed as snacks.