This week @ Kensington

As you know, we have introduced our new Emotional Health curriculum this term. We had our first, ‘Learn with your parents’ session today. We are really excited to be rolling this out. Children’s emotional health is so important now and in the future. As we have started our emotional health lessons, we have found many of our children struggle to identify how they feel and many don’t have the vocabulary to describe how they feel. This is the starting point. Once they have mastered this, they can go on to developing the strategies to manage their emotional health, both to manage short-term emotional responses and to build longer-term resilience and inner strength. All of this will help them to be more effective learners now as well as supporting them as they move towards secondary school, university, work, and the rest of their lives. This will all take time but we are committed to ensuring they receive the very best education for their success now and in the future.

For those of you who have not yet downloaded our Studybugs app, please take a moment to download it. It is the main way we communicate everything that is going on at the school – including if children are delayed on an educational visit! If you do have it already, please tell your friends so that they can also download it.

Mr Ben Levinson
Head Teacher

Parents’ Evenings: Nursery–Year 6

Wednesday, 12th February 2020@ 3:30-6.30pm &
Thursday, 13th February 2020@ 3:30-6.30pm
Please remember to book the date and time with your child’s class teacher!

Nursery AM will be CLOSED for children on 23rd March2020.
Nursery PM will be CLOSED for children on 9th March 2020.

ALL the after school clubs apart from 6 O’clock club will be cancelled on 12th & 13th February 2020 as these are the dates for Parents’ Evening.
We’re pleased to announce that Kensington Primary is introducing a new, more efficient and secure system for reporting your child’s absence due to illness, called Studybugs. If you haven’t already, please get the free Studybugs app, or register on the Studybugs website, and use it to tell us whenever your child’s ill and unable to attend school. [Get the app or register now](https://studybugs.com/about/parents)

Kensington Primary School’s Top 3 reasons to use Studybugs:

1. It’s integrated with our systems so we know right away if your child is unaccounted for
2. It’s quick and easy to register and use and automatically reminds you to keep us posted.
3. You’ll be helping the NHS and other public health organisations [improve children’s health](https://studybugs.com/about/schools)

For more information and with support with downloading the app please speak to the office staff.

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**ESOL**

Do you struggle with speaking English or understanding when someone speaks?

Come and join beginner ESOL classes for parents

Every Wednesday 9am to 10am

All parents are welcome

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**Year 3 Alice in Wonderland Tea Party**

Venue: Kensington Primary School
Date: 4th February 2020
Time: 9:30am

Please be on time PARENTS

Don’t Miss the FUN!
We are now sharing good news stories from all the schools in the Trust on a central Facebook TTLT page and the @LearnTapscott Twitter feed continues to showcase some of the lovely events, activities and achievements from across the Trust. It would be great to build up a greater following on these platforms. The Facebook Page is The Tapscott Learning Trust. The Twitter feed directed at parents is @LearnTapscott.

If you don’t already follow and use either of these then please do.

Parent Performances

In line with our changes to the curriculum, we are also changing how your children share their amazing work with you. I know many of you have already enjoyed our first, ‘Learn with your child’ session. In addition, following on from your feedback, we are also changing the performances our children put on for you. Rather than basing these on religious festivals, children will be celebrating their fantastic work in class through some special events and performances. Dates of these are below. We do hope you will be able to join us for your child’s performance. Finally, can I reassure you that children will still be learning all about different religions, faiths and cultures through the curriculum we deliver across the year.

Y3: 4th February 2020
Y1: 26th March 2020
EYFS: 7th May 2020
Y4: 19th May 2020
Y6: 24th June 2020

Workout Wednesdays

Every Wednesday at 8.40am on the main playground

Join us to get fit and have fun with your child every Wednesday morning in our weekly 10 minute workout sessions.

Uniform Sale:

Please pay for trips and purchase uniform Online as the office are trying to go Cashless. Once you have made the payment the uniform can be collected from the office up until 3.30. (If you prefer to avoid the crowds we suggest you visit us after 9.30am and before 3pm)

RSHE

‘Over the next few weeks we will be receiving from the RSHE partnership the model policies which were consulted on borough-wide in the Autumn Term. We will now be looking at these documents and thinking about how we implement them at Kensington. Once we have thought about our plan we will be contacting parents and carers to find out your views so we can ensure our pupils are receiving high quality education on these topics. If you have any questions, please do come and speak to one of the Senior Leadership Team.’

Year 2 RSHE: 24th February 2020
Year 1 RSHE: 26th February 2020
Year 3 RSHE: 28th February 2020
Year 4 RSHE: 2nd March 2020
Year 6 RSHE: 4th March 2020
Year 5 RSHE: 11th March 2020
EYFS RSHE: 16th March 2020

RSHE
In support of our emotional Health curriculum the next few parenting tips will be about helping your child deal with emotions.

**Don’t Confuse Emotions for Weakness**

As parents we can feel embarrassed about our child if they are overly emotional. A screaming child at the school gates or a full blown tantrum in the supermarket are moments we all dread. But crying isn’t a bad thing and it is OK for children to have intense feelings. Being emotional doesn’t make a child weak. It is important, however, for children to recognize and understand their emotions. In fact, emotional awareness can help your child be mentally strong!

Avoid calling your child a cry baby or assuming his sensitivity has to be fixed. Your child may be more emotionally sensitive than you and might need some time to deal with an emotion. So next time they are having a melt down give them some time to calm down. When they are calm, have a chat about what they were feeling and why. Help them learn how to deal with these outbursts.

For further help and advice on Parenting please sign up at the office for our next Parent Gym course. The next course starts on the 27th of February. Limited spaces available.